



Florida Society CPMs (FSCPM)
Alumni Association

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www.fscpm.org/

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Florida Society of Certified Public Managers Quarterly

Volume 2, Issue 3

Focus—Be Smart—Smile—Be Prepared!!

July—Sept 2018

The President's Corner—by FSCPM President Ruthie Doles

FLORIDA'S
cpm
program

adaptable

Hope you're having a happy, fun summer! The FSCPM Board is busy, busy, busy working to bring FSCPM into the 21st century so we can better serve you. We hired a freelancer to update our website. We are building a member portal that will be stocked with information and resources to educate and enlighten. We're so excited about this new venture, so please stay tuned for the official announcement of the "Go Live" date.

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CPM Mission

To foster and maintain high professional and ethical standards in the practice of public management and to further the professional growth of the CPM members.

Plans are in the works for our annual state Symposium, being held on 10/5/18 at The Regent in Riverview, FL. Our theme is "Engage and Be the Change." It's a great time for CPMs to engage with our alumni Society and be a part of the exciting changes on the horizon.

I've talked about change a few times in my messages, but I gained a different perspective after listening to the "I Am Adaptable....Let's Move and Dance" message from Suzanne Tucker, founder of Generation Mindful. She talks about how humans are innately able to adapt to change, even when it's overwhelming. It's all about perception. Suzanne gave an example of a group of adults dancing with a little kid, mimicking his moves. They were able to adapt when he changed dance styles, even the trickier moves. Perhaps it was because the adults were having fun and did not think about the complexities of the dance. I could totally picture this...have you been at a wedding or other event where the adults started engaging with the young people on the dance floor?!! They don't worry about looking silly or think about how hard it will be, they just go with the flow.

Suzanne connects this to our ability to adapt. What if we applied this concept to our work life? When the next change comes down the chain, instead of resisting, try to go with the flow, find the positives and adapt to the "dance." Until next time, Ruthie—Source: [Generation Mindful](http://www.generationmindful.com/)

Wanted - 2018 Annual Symposium Speakers

Do you have information on a management topic, leadership skill, or other area that would be of interest to other CPMs? Would you be willing to share this information with other CPMs and managers? We are in search of dynamic, passionate, creative speakers for our annual statewide FSCPM symposium, which is being held on October 5, 2018. Please email us at floridacpms@gmail.com with your presentation proposal. Ideas for themes or possible speakers are welcome! Free admission to the Symposium for all presenters.

Level 8 Graduation Please join FSCPM as we welcome new CPMs at graduation

Tallahassee, July 17-19, 2018 - Hosted by North Florida Chapter
Bartow, August 28-30, 2018 - Hosted by Suncoast Chapter
Naples, September 12-14, 2018 - Hosted by Southwest Florida Chapter

If you are interested and available to help the host chapters with Level 8 FSCPM activities, including new member recruitment, please contact Presidents, Shannel Franklin (NFL), Rene Calo (SUN), or Len Price (SWFL). Click this link for more information or to register for Level 8: www.fcpm.fsu.edu.

FSCPM VOLUNTEERS: If you have the skills, abilities, and desire to play a role in the functioning of the state society or a local chapter, please email us at floridacpms@gmail.com.

Some leaders
are born
women.
Geraldine Ferraro

“
YOU GET IN
LIFE WHAT YOU
HAVE THE
COURAGE TO
ASK FOR.
Oprah Winfrey”

A leader's attitude is
caught by his or her
followers more quickly
than his or her actions.
John C. Maxwell

FLORIDA'S
cpm
program

Learn More
About Florida's
CPM Program

Looking for CPM
class near you?



The North Florida Certified Public Management Chapter is very excited about the upcoming changes and enhancements that are on the way! We are revamping our focus to the development and enhancement of our membership and would love for all the 2018 Graduates to come and take advantage of what our chapter has to offer. In addition, our chapter will be extremely active in the Level 8 Graduation activities. If you have a moment please come and join us!

member



This Quarter our Member Spotlight focus is **Amy Toman** who graduated from the CPM Program in 2016. Amy is currently employed at the Florida Elections Commission and has this to say about what she enjoyed most about CPM, "I am an attorney and attorneys are trained to manage cases, not people. What I appreciated most about CPM was the opportunity it offered me to work at becoming a better manager of people and ultimately, hopefully, a better leader."

REGISTER NOW! 2018 FSCPM SYMPOSIUM—OCTOBER 5TH, 2018



Friday, October 5th, 2018—The Regent—9am-5pm—6437 Watson Road Riverview, FL 33578
 Cost: FSCPM Members- \$40 Non-Members- \$55 *Continental breakfast and lunch included!
 For questions contact the Symposium Chair, Renee Calo at 813-817-7347

"Engage and Be the Change!" Come join us for a day of learning, fun and networking! This year's Symposium will focus on tools and practices that will assist you in becoming and staying engaged so that you will not only make the change...but be the change! Don't miss out - Register soon for the 2018 Annual FSCPM Symposium. Reserve your seat and pay online using [Registration](#) & schedule your lodging using [Hotel Accommodation](#). Join today at: [Membership](#)



Suncoast CPM Chapter Update—by Suncoast CPM

Our 3rd Quarter Suncoast Chapter Meeting will be held July 23, 2018. Our Speaker, Ruthie Doles, will discuss "Technology's Impact on Relationships: Healthy or Harmful?", with the business meeting to follow.

Where: Chili's Grill & Bar, 5430 E. Bay Dr., Clearwater, FL 33764 **When:** 7/23/18, 5:30 pm networking, 6 pm meeting begins.

Time Management—by CPMer Linda Jimenez-Lopez

Although we are almost a third of the way done with the year, how many of you have already fallen short of your new year's resolution? Maybe you've told yourself once or twice, "I just don't have time." Whether you set your mind to go to the gym more often, eat healthier, go back to school or pick up a new hobby, at some point our go-to response is using the time excuse. It's safe. It takes the pressure off of ourselves for falling short of our goals. As a practitioner in career and personal development, I often turn to TED Talks for inspiration. I came across one on time management titled, *How to Gain Control of Your Free Time* by best-selling author and speaker Laura Vanderkam, check out the full video at https://www.ted.com/talks/laura_vanderkam_how_to_gain_control_of_your_free_time

It has literally changed my paradigm of time management. She has spent thousands of hours researching and documenting successful individuals to understand how they have mastered time management. Her TED Talk examples shed light on a few ways we can look at time differently and gain control of our lives. Here are two of my favorites.

Time is highly elastic. In one example she shares how a very busy executive comes home to find her water heater broken, which floods her basement. It took a total of 7 hours to get her basement back to normal that week. But if she was asked earlier if she had 7 hours to mentor someone that week she would have quickly responded, "No, can't you see how busy I am." I am sure, we all would respond that way, including me! But, she found the time she needed to get her basement back in order. The moral of this story, treat the priorities in your life as the equivalent to the broken water heater.

Choose your words wisely. In another example, Laura shares the story of one of the busiest women she has ever interviewed to learn her secret to "having it all." Instead of saying "I don't have time for x, y, or z" she says, "I don't do x, y, or z because it is not a priority." If you think about it, saying I don't have time really is saying it is not a priority (just more accurate). This subtle shift, changed my life. Immediately upon using this language I found myself deleting social media apps off my cell phone and actually getting out of bed when my 4:30am alarm goes off.

I make every effort to apply these two ideas to my everyday life. At work, I have found ways to get time back from minimizing watercooler talk to learning how to say no when requests become detrimental to my time. In my personal life, eliminating mindless time wasters have helped me find the time to meal prep and take on those home improvement projects I found every excuse to avoid. I encourage you to watch this short video and apply some of the concepts to your life. I bet you will find multiple ways to gain time back in your days.

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A MANAGER SAYS

"GO,"



A LEADER SAYS

"LET'S GO."

-JOHN MAXWELL

BILLYCOX.COM

FSCPM & Chapter Websites: www.fscpm.org/ - Facebook: www.facebook.com/FSCPM

"I want every little girl who's told she's bossy, to be told instead she has leadership skills." - Sheryl Sandberg, Facebook COO